

Robert S. Attia, DMD, LLC

PRACTICE LIMITED TO ORAL AND MAXILLOFACIAL SURGERY
& DENTAL IMPLANTOLOGY

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PRE-OP INSTRUCTIONS FOR GENERAL ANESTHESIA

Any patient planning on going to sleep must comply with the following regulations for their safety.

1. You may not have anything to eat or drink (including water) for eight (8) hours prior to the appointment.
2. A responsible adult over the age of 18 must accompany the patient to the office, remain in the office during the procedure, and drive the patient home. We also ask that the patient have someone with them during the day of surgery.
3. Contact lenses, jewelry, and dentures must be removed at the time of surgery.
4. No smoking at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
5. The patient should not drive a vehicle or operate any machinery for 24 hours following the anesthesia.
6. Do not wear lipstick, excessive makeup, or nail polish on the day of surgery. Please wear comfortable closed toed shoes.
7. If you take routine oral medications, please check with our office prior to your surgical date for instructions.
8. You must be healthy and well to undergo a general anesthesia. Please call the office if you get a cold, sore throat, sinus problems, or any respiratory infections within one week of surgery.

Please realize that the above instructions are for your safety and comfort. Failure to observe these recommendations may result in the cancellation of your surgery.

Allotted surgery time has been reserved specifically for **you**. **If cancellation becomes necessary, please allow 48 hours notice so other patients will not be inconvenienced. Depending on the circumstances, failure to notify our office of unkept surgery appointments will result in an additional charge to your account.**

Patient: _____ Surgery Date: _____ Time: _____