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Implant Surgery - - - - -The Following *May* Occur

1. Taking medications on an empty stomach may cause nausea and vomiting. If non-productive vomiting persists, a prescribed suppository may be needed. We will prescribe this on request.
2. The area on which the procedure occurred may swell and the swelling may become swollen. Icing is recommended for the first 24 hours and is very important. After that, if you still have swelling, warm, moist heat is recommended, but first call the office to let Dr. Attia know about the persistent swelling.
3. **Trismus** (tightness) of the muscles may cause difficulty in opening the mouth.
4. A discoloration (ecchymosis) may develop over the side of the face and neck. This is quite normal, especially in fair complected patients.
5. Numbness of the lower lip or the tongue is not uncommon following surgery in the lower jaw region and is termed "paresthesia." This is usually transient, but may be prolonged in difficult surgical cases. Often the doctor will administer a long lasting anesthetic and you will be numb for about 6-8 hours. Please remember that this is normal.
6. **If the corners of the mouth are stretched they may dry out and crack. Your lips should be kept moist with a lip balm such as cocoa butter, Chapstick, or Vaseline.**
7. Sutures may have been used to hasten the healing of the tissue. They are of the dissolvable type and will usually dissolve in 5-7 days. If they are still present at your first post-operative appointment, the doctor may decide to remove them painlessly, depending on your healing process. If the doctor uses a non-dissolvable type of suture, he will let you know that upon your discharge.
8. Remember to continue to take any medications that were prescribed by the doctor before the surgery. These were administered for a reason and it is very important that you continue the regimen until all medications are completed. These are an integral part of the healing process that is ongoing.
9. If unusual problems arise, please do not hesitate in contacting the office at 770-992-4844.
10. **PLEASE REMEMBER YOUR FOLLOW-UP VISITS:** It is very important to return for a post-operative visit to make certain healing is progressing satisfactorily.
11. **Please remember that our interest in your progress does not end with the completion of the surgery. As you know, the implant process is ongoing and requires that you coordinate and keep appointments for follow up visits. Our Director of Implant Services, Erik Rosand, will ensure that you are kept informed and on schedule throughout the process.**

(Following May Occur)

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POST-OPERATIVE INSTRUCTIONS FOR PHASE II “UNCOVERY OF IMPLANTS”

1. **The use of laser keeps bleeding to a minimum because it cauterizes the tissue as it ablates the tissue. If you are having an excessive amount of bleeding please notify our office immediately.**
2. **DO NOT SMOKE** for six hours or **USE A STRAW** for 24 hours.
3. Brush teeth 3 times daily but don't rinse or use a mouthwash the day of surgery.
4. **Maintain a Proper Diet.** Have your meals at the usual time. Eat soft, nutritious foods and drink plenty of liquids with meals and in between. Have what you wish but be careful not to disturb the area with the implants. Add solid foods to your diet as soon as they are comfortable to chew.
5. **To minimize swelling: Immediately** following the procedure apply an ice bag over the affected area.
Use 15 minutes on and 15 minutes off to help prevent development of excessive swelling and discomfort. Icing may not be necessary for one or two implants.

THE FOLLOWING CONDITIONS MAY OCCUR:

1. If the corners of the mouth are stretched they may dry out and crack. Your lips should be kept moist with a cream or ointment.
2. As the numbness wears off you may feel some tingling or slight 'stinging' in the area immediately following the surgery. The tissue that has been lasered will turn white as it begins to heal. This is all normal.
3. There should be very little discomfort with this type of procedure. By about the third day after the surgery there may be a slight tingling in the area of the effected area as the nerve endings begin to regenerate.

4. This area should be rinsed with warm salt water following meals, beginning the day after surgery.
5. You will be given a prescription to relieve pain, swelling and nervousness depending on your needs. Follow the directions on the box or bottle carefully. Do not let anyone else use this prescription.
6. **REMEMBER YOUR FOLLOW-UP VISIT:** It is sometimes necessary to return for a post-operative visit to make certain healing is progressing satisfactorily.
7. If unusual problems arise and the office is closed, contact me through my service at 770-992-4844.

Please remember that **healing abutment(s)** have been attached to the implant(s). These have been placed to begin the process of “training” the tissue to eventually receive the prosthesis that will be placed by your restorative doctor. If the abutment(s) appear to become loose (a very rare occurrence) please call the office immediately so that we may schedule a brief appointment. The height of the abutments are chosen to be tall enough to remain above the tissue, yet not so tall so as to interfere with normal activities like eating, talking etc. If they do, please contact the office.